

Curriculum Outline:

LEADERSHIP DEVELOPMENT:

Students begin the course with a series of exercises to help them cultivate five essential leadership qualities (these activities are led by the teacher):

- Vision
- Confidence
- Empathy
- Initiative
- Resilience

UNDERSTANDING THE PROBLEMS:

Students then learn about various social and environmental justice issues, presented in the form of short (15-20 min) lessons. Students can complete these modules on their own, or with the guidance of a teacher. The issues are divided up into five main thematic areas, with 4-6 modules in each:

- Poverty and its Consequences
 - Educational inequality
 - Global hunger
 - Access to water
 - Child Labor
 - Obesity and chronic illness
- Discrimination and Fear of “Other”
 - Examining stereotypes, implicit bias, and fear of “other”
 - Racism
 - Sexism
 - LGBTQ rights
 - Immigration and refugee crisis
- Mental Healthcare, Conflict, and Violence
 - Impact of technology on society
 - Chronic stress + anxiety
 - Access to mental healthcare
 - Gun violence
 - Nonviolent communication

- Animal Abuse and Exploitation
 - Animal companions
 - Animals in beauty + entertainment
 - Animals used for food

- Climate Change and Environmental Justice
 - Consumerism
 - Impact of animal agriculture
 - Pollution
 - Biodiversity and habitat destruction
 - Climate Change

BUILDING SOLUTIONS

Students then form teams based on their interest area and begin building solutions using Design Thinking. This process should be guided by the teacher and involves the following steps:

- Empathy
- Define + Ideate
- Prototype + Test
- Iterate + Refine
- Project Proposal

LEADERSHIP TOOLS

As they work on executing their projects, teams are encouraged to take advantage of the “leadership tools” section of the course, which provides resources on the following:

- a. Project Management
- b. Mindfulness + Self Care
- c. Conflict Resolution

PROJECT SUBMISSION

Once students have completed their projects, they submit a 3-min pitch video for a chance to win funding to scale/expand (see course for video guidelines.)